

Citizen Corps Deployment Plan, 5K Race CUP-22-16T



CCC ICP



CARES / CERT checkpoint



MRC First Aid Sta.



Road closure



City Hall



Start/Finish Line

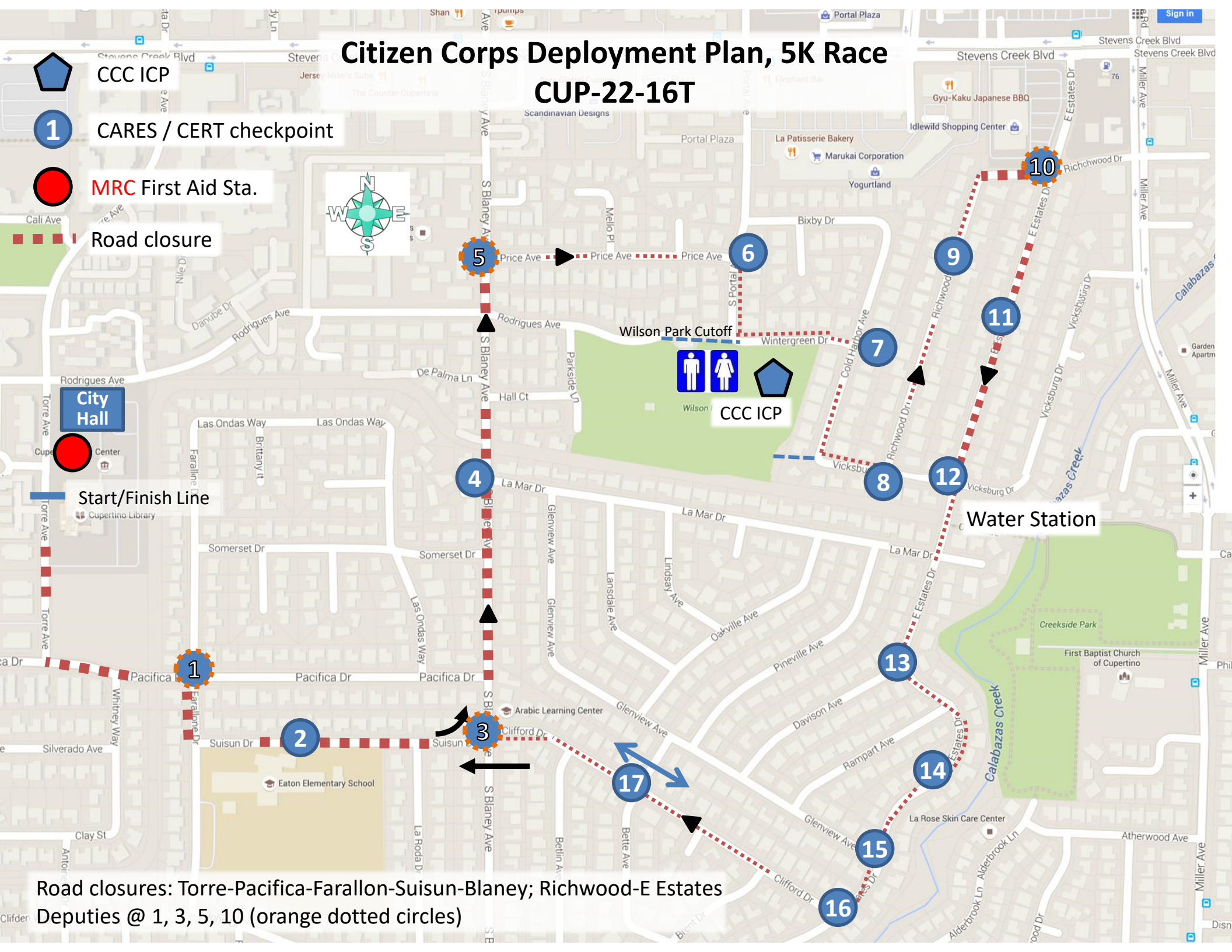


Wilson Park Cutoff

CCC ICP

Water Station

Road closures: Torre-Pacifica-Farallon-Suisun-Blaney; Richwood-E Estates
Deputies @ 1, 3, 5, 10 (orange dotted circles)



5K Race Operational Information (Safety = # 1)

This exercise is not a test of personnel! This is a training exercise designed to test capabilities, procedures, and processes

- **CERT FRS/GMRS radio protocol**

- Face person you are contacting; do not block signal with body
- Hold radio so antenna is vertical
- Do not hold in front of mouth; hold away from face & rotate 90°
- Report to Net Control:
 - Arrival at checkpoint
 - When lead runner passes
 - When depart checkpoint (need Net Control permission)
- FRS/GMRS frequency: 15, tone 35 (462.550 MHz, 225.7 Hz)

- **Checkpoint information / location**

- **3:** SW corner on runners outbound, NW corner on inbound
- **9:** At house 10239
- **11:** At speed bump
- **13:** Opposite centerline of Davison
- **14:** Between 10510 & 10530
- **15:** At Glenview
- **16:** Stand at SE corner to view both #15 and Clifford
- **17:** Rove along Clifford

- **CARES frequency plan**

- Event Net: Tac 2
- Backup Freq.: Tac 3
- Check FT-60s for presence of rubber bands

- **CARES communicate these events to Net Control:**

- When departing ICP for checkpoint
- Upon arrival at checkpoint
- When lead runner passes
- When depart checkpoint (need Net Control permission)
- When check out of event after arrival at command post

- **Miscellaneous**

- GPS coordinates for ICP are 37.319135°, -122.019138°
- Operating under DSW insurance
 - Covered for duties within scope of training
 - Not covered while driving a vehicle
- Do not direct traffic
- Report hazardous situation or operation to Net Control
- Use your assignment as tactical call sign.
 - E.g., "Net Control, this is Checkpoint #3"
- Runner injuries:
 - Life threatening, call 911, then report to net control. Note street address.
 - All others, runners have to walk back in. No transportation for injured runners. We can inform City, who can notify parent over PA system.
- Restroom at Wilson Park
- Stay on sidewalks; do not stand in streets
- Sheriff controls road closures
- Activation number is CUP-22-16T

| | |
|----------------|--|
| 7:15 AM | Event Net ready CCC members arrive at Wilson Park ICP and sign in by 7:30 CARES members check in via radio (serves as radio check) |
| 7:30 AM | All CCC volunteers have arrived; Safety Briefing by IC |
| 7:45 AM | MRC staff make first aid station operational at Civic Center |
| 8:00 AM | Field responders are deployed from ICP |
| 8:15 AM | Field responders are on station |
| 8:30 AM | Simulated migration (5K Run/Walk) begins |
| ~9:30 AM | Race ends |
| ~9:45 AM | Field responders return to ICP FOR check out <u>after permission from net control</u> |